

## WHAT DOES EACH VALUE MEAN? Descriptions of each VALUE follow:

What if you have high scores in two categories? Could you have a happy family life and lots of adventure too? It's possible. Here is where you have to make some choices and spend time comparing careers. Which do you value more? If you're an adventure-loving family woman, you may have to settle for hang gliding on weekends, or making an expedition through the wilderness each summer, rather than being a foreign correspondent or an international jewel trader.



### Adventure

A career that calls for a lot of travel may be just right if you value adventure. You certainly would not be satisfied with a job in which the routine is the same day after day. Your score shows that you would like to have varied job duties and that you are comfortable taking risks.

### Aesthetics

People who score high in aesthetics (love of beauty), like to be surrounded by beauty. If this describes you, you might be happy as an interior designer or an art dealer. You might like being a forest ranger at a national park or an executive in a plush office. You would almost certainly be unhappy as a garbage collector or coal miner.

### Creativity

Writers and artists are often thought of as creative, but creativity is an important asset in other fields as well. If you value creativity, you will want a career that gives you room to make choices and decisions, to put your ideas into effect, and to evaluate the results of your efforts. You probably wouldn't be happy in a job that is rigid or inflexible. You might find a use for your creativity by working as a program director for a senior citizens group, as an engineer, in a large research firm, or as a landscape architect.



### Family

Someone with a very high score in this category greatly values the closeness of a family. Parents and children feel close to each other and spend much time together. "Family" can also mean other persons or friends who are close to you. If you choose not to join a traditional family, your inner circle of acquaintances is important. You are a people person. If you score high in this area, you will want a job that allows

you plenty of time at home where you can enjoy family and friends. Your work hours should be consistent and stable. You probably would not be happy as a traveling sales representative, a forest ranger, or a nun.



### **Friendship and Companionship**

If friendship and companionship are important to you, your job should involve working closely with others. Being shut away in a laboratory or sitting in a cubicle with an adding machine will probably hold few charms for you. If you get along well with others and can talk easily with people you don't know well, you might consider working in sales or public relations. If having time for close friendships outside of work is important, you won't want a job that involves a great deal of travel or overtime.

### **Helping Others**

Women who value helping others have traditionally become teachers and nurses. But, there are many other options. Doctors, social workers, psychologists, counselors, writers, politicians, lawyers, dieticians, speech pathologists, and physical therapists are just a few of the career possibilities for those scoring high in this area.



### **Independence**

If you value independence and freedom, you should beware of careers which are rigidly supervised or scheduled. Some sales representative positions allow you a great deal of freedom. People who work on a free-lance basis, or as consultants, may be able to decide where, when, and how much work they will do.

### **Knowledge**

If you value knowledge, you will want a career that lets you keep on learning. Teaching is an obvious choice, but you might also consider doing research – scientific, historical, political, or whatever. Being a journalist who covers different stories every day and spends time reading reports and interviewing people might also be a good choice.



### **Money**

Obviously, if money is your top value, you will look carefully at potential earnings for any job you take. Since making a lot of money usually entails spending long hours on the job, you should consider your other values in choosing a field which will hold

your interest. You may have little time for family, friends, or outside hobbies. Check the salary levels of a wide range of jobs before starting to narrow your choices.

## **Moral Judgment and Personal Consistency**

Do you have a strong sense of right from wrong and don't waiver when presented with various situations where positive values would be compromised? You are not pressured by others and won't support others to be dishonest. A job well done is very important to you and you enjoy the accomplishment of work completed. Your self esteem is good and you are very consistent with the decisions you make. Honesty is very important when dealings with other people. You are good at handling money. Consider jobs in accounting, handling money, a judge or someone who enforces or interprets the law.

## **Power**

It's hard to find an entry-level job with a lot of power, but if that's what you value, you'll want to make sure that there's plenty of room for advancement in your chosen field. You should prepare yourself to take a leadership role by pursuing advanced education or by learning more skills in your field. Or you might want to start your own business. That way you can be president immediately – even if you're the only employee!

**Re-examine your values throughout your life to make sure you aren't working hard and giving up things that are important to you for the sake of something you no longer value.**



## **Recognition**

Is recognition what you want? If so, you'll do best choosing something for which you have a talent, something that will let you work to develop the talent. Of course, some fields have more potential for recognition built into them than others. There may be very few world-renowned bus drivers, but the fact remains that in many communities, there are bus drivers everyone knows and respects. It often depends on how you do your job, not just what job you do.



## **Security**

Careers with well-established companies, or careers in areas that are basic to human needs and not likely to become obsolete, are good choices for someone who values security. Such a person is usually happier with clearly defined work.