

Using the Planning Pyramid to Reach Your Goals

Home Link Activity

Name _____ Period _____ Date _____

Using the Productivity Pyramid:



Step One: Identify a Life Role Value) area in which you would like to set a goal.
(Family Member, Community Member, Citizen, Learner/Student, Worker, Leisurite)

Chosen Life Role (Value): _____

Step Two: Write down your goal.

Examples: "Student" — "I will study and do my homework for one hour each week night during the term."
"Leisurite" — "I will save my allowance every week to have spending money for our family vacation."

Goal Statement (Be Specific): _____

Step Three: Using a planning tool (*calendar, planner, task list or timeline*) outline steps or activities you can do on a weekly and daily basis to reach your goal. Be specific.

Things I Can Do To Reach My Goal: _____

Things I Can Do This Week to Reach My Goal: _____

Things I Can Do Today to Reach My Goal: _____
