


Name: _____

Date: _____ Period: _____

CTE Introduction
CHARTING YOUR FUTURE
Career Development Activities

CTE Introduction is Utah's exploratory Career and Technical Education (CTE) core curriculum requirement for middle/junior high school. The purpose of this program is to allow students to be involved in activity-centered lessons, which utilize technology, develop beginning skills, and explore careers.

<p style="text-align: center;">Lesson 1: The Dream</p> <p>This activity gave me the opportunity to explore my dreams by choosing lifestyle items (houses, vehicles, food, clothing, entertainment, and leisure items) I wish to have in my adult life. When I am 30, my dream job would be:</p> <p>_____</p> <p>_____</p> <p>From this activity, I learned</p> <p>_____</p> <p>_____</p>	<p style="text-align: center;">Lesson 2: The World of Work</p> <p>In this activity, I was able to see what I know about the world of work. There were five main themes that we discussed; (1) change is constant, (2) learning is ongoing, (3) focus on the journey, (4) follow my heart, and (5) access my allies.</p> <p>The theme that makes the most sense to me is (write number):</p> <p>_____ because _____</p> <p>_____</p> <p>_____</p>	<p style="text-align: center;">Lesson 3: What's My Line</p> <p>Education and occupational choice will influence my lifestyle, including income and free/play time.</p> <p>As part of the activity, today I was assigned to be a:</p> <p>_____</p> <p>It is important to get my education and choose my career because</p> <p>_____</p> <p>_____</p>
<p style="text-align: center;">Lesson 4: Reality Check</p> <p>Today I learned the importance of balancing a budget. It is important to pay myself first because:</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>	<p style="text-align: center;">Lesson 6 & 7: Occupation Brainstorm/Personality Connecting to Pathways (Teacher/School Counselor)</p> <p style="text-align: center;">Personality is based on characteristics and traits that make me unique. Knowing my personality type will help me select a career path in the future. I have identified my personality type below.</p> <div style="text-align: center;"><p>ENTERPRISING "PERSUADERS" People who like to work with people, influencing, persuading, performing, leading, & managing. Goal oriented and focused on financial gain.</p><p>CONVENTIONAL "ORGANIZERS" People who like to work with data, have clerical or numerical ability, carryout tasks in detail or follow through on others' instructions.</p><p>REALISTIC "DOER" People who have athletic or mechanical ability, prefer to work with objects, machines, tools, plans or animals or like to be outdoors.</p><p>INVESTIGATIVE "THINKERS" People who like to observe, learn, investigate, analyze, evaluate, or solve problems.</p><p>ARTISTIC "CREATORS" People who have artistic, creative, and intuitive abilities and like to work in unstructured situations using their imagination and creativity.</p><p>SOCIAL "HELPERS" People who like to work with people to uplift, inform, help, train, or cure them. Also people who are skilled with words.</p></div>	
<p style="text-align: center;">Lesson 5: Balancing Life Roles (School Counselor)</p> <p>Managing my time is an essential skill to learn now. To better plan my time, I will:</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p>		

<p>Lesson 8: Identify Abilities & Talents</p> <p>Part of my personality is made up of my abilities and talents including the following: (Circle your identified talents and abilities)</p> <p>Academic Analytical Artistic</p> <p>Creative Leadership Mechanical</p> <p>Musical Organization Persuasive</p> <p>Physical Social Manual Dexterity</p>	<p>Lesson 9: Understanding Learning Styles (School Counselor)</p> <p>My best way to learn is (circle one):</p> <p>Visual/Spatial</p> <p>Verbal/Linguistic</p> <p>Mathematical/Logical</p> <p>Bodily/Kinesthetic</p> <p>Musical/Rhythmic</p> <p>Interpersonal</p> <p>Intrapersonal Intelligence</p>	<p>Lesson 10: Recognizing Values & Career Preferences</p> <p>In this activity, I was able to recognize what values (aspects of my life which are most important and deserve my time) will help me in my career plan. (Circle top three.)</p> <p>Enjoy Life Earn Money Be Famous</p> <p>Be in Charge Get Training/Degree</p> <p>Job Security Have Variety Help Others</p> <p>Have Family Time Work with People</p> <p>Use Creativity Work Independently</p> <p>Other _____</p>
<p>Lesson 11: Discovering Career Interests</p> <p>Using a computer program, I was able to see how my personal interests relate to the world of work. Knowing that I have a (circle one)</p> <p>Doer thinker Creator</p> <p>Helper Persuader Organizer</p> <p>personality type, helps me choose a career that I might be interested in. Today I researched _____ which matches my personality.</p>	<p>Lesson 12: Nontraditional Careers</p> <p>A nontraditional occupation is _____</p> <p>_____</p> <p>I would like to learn more about: _____</p> <p>_____</p> <p>This would be a nontraditional occupation for me.</p>	<p>Lesson 13: 21st Century Career Skills</p> <p>There are many skills needed for job success. I have circled the skills I feel confident in using for my schoolwork and in my personal life.</p> <p>English, Math, Science, History, Languages, Reading, Collaboration, Creativity, Critical Thinking, Flexibility, Problem Solving, Computer Skills, Research Skills, Flexibility, Leadership, Goal Setting, Time Management, Independence, Social Skills, Responsibility, Brainstorming</p>
<p>Lesson 14: Understanding Group Behavior and Attitude (School Counselor)</p> <p>Today we participated in an activity to learn the importance of getting along with others.</p> <p>Learning to work as a team and have integrity is important to my future career because:</p> <p>_____</p> <p>_____</p>	<p>Lesson 15: Developing Positive Employment Traits</p> <p>The two personal character traits I will work on this year are:</p> <p>1. _____</p> <p>2. _____</p> <p>Personal references are important to finding a job. The following individual knows me well enough to write a letter of recommendation:</p> <p>_____</p>	<p>Lesson 16: Increasing Career Options Through Life Long Learning</p> <p>During today's activity, I ranked what was most important to me in a career.</p> <p>Most important _____</p> <p>Next important _____</p> <p>Years of training: _____</p>
<p>Lesson 17: Searching for Occupations</p> <p>With the UtahFutures program, I was able to learn more about what careers I would enjoy. Using my interest list and my basic skills, I would like to learn more about the following occupations:</p> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p> <p>4. _____</p>	<p>Lesson 18/19: Making Informed Career Choices/ Student Education Occupation Plan (School Counselor)</p> <p>The decisions I make now will influence my future. Today I learned a step by step plan to making wise decisions.</p> <p>It is best if I use a (circle one)</p> <p>Passive Aggressive Assertive</p> <p>Decision making style where I will take charge of my own future and think through my choices.</p> <p>My SEOP is on _____.</p>	 <p>The above descriptions are summaries of the in-class activities. If you have been absent or missed a lesson, these activities are available online for you to complete with parental help. They can be found at:</p> <p>http://www.usoe.k12.ut.us/ate/tlc/cda/cda.html</p>